

Folkestone Netball League

Winter League Pack 25/26

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What will I find in this pack?

Welcome to the FNL Winter League 2025! In this pack you will find everything you need to get started, including rules, ENgage guides, this season's fixtures, scorecards and updates to rules and match format.

To stay up to date with the latest league news, follow us on our <u>social channels</u> or visit <u>https://www.folkestonenetballleague.com/</u>

If you have any questions, please reach out to folkestonenetball@gmail.com or speak to a member of the committee.

Point Deductions

- Penalty for playing a team without England Netball Membership is 5 LEAGUE POINTS
- Penalty for playing a player who is unapproved beyond the 14 permitted registrations is 1 LEAGUE POINT
- Penalty for playing an unregistered player is 1 LEAGUE POINT
- Penalty for failure to submit signed U18 Player Registration Form before the player takes to the court is 1 LEAGUE POINT
- Penalty for failure to abide by rules on movement of a player within a club is 1 LEAGUE POINT
- Penalty for playing more than 2 floaters per game is 2 LEAGUE POINTS
- Penalty for providing an incomplete scorecard is 1 LEAGUE POINT
- Penalty for failure to send photo of the FULL A4 scorecard to Results Secretary within six days of the match is 1 LEAGUE POINT
- Penalty for failure to pay conceded match expenses is 2 LEAGUE POINTS
- Team requesting match expenses must do so within 7 days of the scheduled start time of the match. Opposing team MUST pay within 7 days of request. If not paid within 1 month then addition 10 LEAGUE POINTS deducted
- Penalty for failure of an umpire to attend a match is 1 LEAGUE POINT from offending umpires team.
- Penalty for failure of scorer to attend a match is 1 LEAGUE POINT from offending scorers team.
- If a team are unable to attend their scheduled match, penalty for failure to officially cancel the match (see 4.2) 1 LEAGUE POINT to be deducted from the offending team, with points being awarded to the opposing team.



Rule Changes

Rule changes implemented from September 2024 remain here for reference.

Borrowed Players & Floaters

From September, teams will no longer be able to borrow a player from any other team and can only use the Floaters list. Note: We aim to invest more time in recruiting Floaters to ensure there are plenty of players available.

Teams can borrow the same Floater 3 times and must sign them to their team if they play a fourth.

Team Sheets

A friendly reminder that if you have a player that is no longer on your team, please make sure you remove them from your team sheet so you are able to add additional players.

Scorecards

Please continue to send a full image of your scorecard in the FNL Results chat on WhatsApp.

Game management

All new EN rules will apply from 1st September '24. Ensure your teams and umpires are up to date. A table of the new rules and useful videos has been included in this pack for ease of use.

Please contact the League Umpire Officer - Ange - for further clarification.

Promotions/Relegations

For the Summer season '25, we will be promoting the top 2 teams from Division 2 to Division 1, and relegating the bottom 2 from Division 1 to Division 2. For the Winter season '25, with a new team joining in Division 2 we will be promoting the Division 2 winners of the Summer '25 season up to Division 1 in order to have 6 teams in each division. Summer '26 promotions and relegations will be based on Summer '25 results.



Handicaps & League Format

This season with 12 teams, we have decided to run two competitions alongside each other. League All matches give every team in the league a chance to play against each other. These will be played with handicaps (see below) and with super shot points (see notes in rule 10.2). Versatility matches will be played within divisions, no handicaps or super shot. As noted in the Promotions/Delegations section above, there will be 6 teams in each division with Jets being promoted to division 1 as they were the winners of the Summer '25 season. Orcas, the new youth team, will join in division 2.

- Handicaps for league all matches:
 - Panthers- 0
 - Murston-4
 - Woodpeckers-10
 - Jets-12
 - Vipers-14
 - Tigers-24
 - Scorpions-24
 - Black Widow's-30
 - Ice-30
 - Rough Diamonds-37
 - Stingrays-55
 - Orcas-55

Folkestone Netball League Committee Contacts

Committee Position	Name	Team Name	Contact Number	Email Address
Chair	Rachel Haden	Folkestone Town Panthers	07955752270	rachelhaden@hotm ail.co.uk
Secretary/Vice Chair	Vacant			
Treasurer	Danielle Lynch	Folkestone Town Scorpions	07866498166	lynchdanielle099@ gmail.com
Lead safeguarding Officer	Lucy Andrews	Ice		luciie.andrews@hot mail.co.uk
Affiliation/ Membership Officer	Sherine Dantes	Folkestone Town Vipers	N/A	sherinedantes@yah oo.com
Results Secretary	Ashlea Trinder	Woodpeckers	07710685134	ashlea.fry@outlook .com
Fixtures Secretary	Natalie Delplanque	Tigers	07960601082	natalieeldridge1980 @gmail.com
Events and Competitions Officer	Emma Nash	Black Widows		netsgocrazy@gmail .com
Data Protection Officer	Michelle Baker	Folkestone Town Vipers	07932245407	mich_baker33@hot mail.com
Media & Comms Officer	Hannah Taplin	Tigers	07772128460	hannahpalmer64@ gmail.com
Social Media Officer	Danielle Black	Tigers		danielleblack2023 @hotmail.com
Umpire Secretary	Angie Bates	Lead Umpire	07766600629	ange_t2001@yahoo. co.uk
Floaters Secretary	Vacant			

Folkestone Netball League Rules

PLEASE SEE BELOW RULES FOR FNL. IF WE DO NOT RECEIVE ANY COMMENTS
FROM YOUR TEAM WITHIN 7 DAYS OF THE AGM, WE WILL PRESUME YOU
UNDERSTAND THE RULES AND POINT DEDUCTIONS WILL BE MADE IF RULES ARE
NOT ABIDED BY.

FOLKESTONE NETBALL LEAGUE GUIDELINES

1. MATCH RULES

- 1.1 All matches will be played in accordance with AENA rules.
- 1.2 All matches will be umpired in accordance with the INF 2024 Rules of Netball
- 1.3 All matches will be played at Three Hills Sports Ground

2. REGISTRATION

- 2.1 The League will be run by a Committee.
- 2.2 Minimum age to play in the league is 14.
- 2.3 Registration forms will be completed with the League Entry forms and submitted by the deadline. New players can only be registered by completing the new players registration section of the scorecard and must be signed by the opposing Captain.
- 2.4 It remains the responsibility of the team captain to ensure parents/carers have completed, signed and returned the Under 18 Players Registration Form for all U18 registered players.
- 2.5 All players must read, sign and return the FNL Privacy Statement prior to the first match played.
- 2.6 There is a limit of 14 players aged 16 or over registered to each team for Winter 2025, however there is no limit to under 16 year olds per team to support the growth of young players.
- 2.7 If you remove a player from your registration list, you may not re-register them again in the same season.
- 2.8 Only two new players (floaters **or** new team members) can be played per match and must be either on the FNL Floaters List or registered as a new player on the scorecard prior to the match commencing.
- 2.9 A player may be registered for one team only.
- 2.10 A player may change team mid competition, after notification to both their present club and the Fixtures Secretary prior to playing for another team. A Transfer form will need to be completed. They will however incur a two match ban before playing for the new team.
- 2.11 Any team officially disbanding must notify the league in writing. All points and goals for and against teams disbanding during that competition shall be deleted from the records. All court fees must be paid by the team or each player pays their part of, before they can enter the League again for that team or another team.
- 2.12 All players must be AENA affiliated.



3. PRE-MATCH

- 3.1 All teams must have a completed scorecard ready to hand to umpires at the start of the game. Games will commence on time and with a minimum of five players. Players are required to be on court by 6.40pm for the early matches and ready to take to the court by 7:55 for the late game. Umpires have the power to concede a game if one team is on court and the opponents fail to take to the court at the correct time.
- 3.2 Umpires will allocate bibs to players for Versatility rules.
- 3.3 Full kit, that is, netball skirts along with suitable sports tops or t-shirts, or netball dresses must be worn at all matches. Cropped tops or bare midriffs are unacceptable. Adequate footwear should be worn and laces tied.
- 3.4 No item of jewellery, except a medical alert bracelet, wedding ring, religious bracelet, medical monitor or diabetic disc shall be worn, if they are, they must be taped up. Piercings are not allowed even if taped up.
- 3.5 No adornment that may endanger player safety shall be worn, this will be at the discretion of the umpire.
- 3.6 Fingernails should be short and smooth.
- 3.7 Penalty The offending player/s must stand off until they are adequately attired to the Umpire's satisfaction.
- 3.8 In the event of a clash of colours, as a courtesy the **Away** team should wear an alternative set of bibs.
- 3.9 All Teams must have a basic first aid kit and match ball. (AENA says that there must be a primary carer this should be marked on the scorecard)
- 3.10 Centre pass will be determined by a coin toss. Other team will have choice of ends.
- 3.11 All score cards must be completed prior to the team taking the court and any new player must be entered onto the score card and the card must be signed by the opposing captain before the player takes to the court.

4. AFTERMATCH

- 4.1 Scorecards must be fully completed and: a copy of the full A4 scorecard must be scanned/sent to the Results Secretary and Media Officer (currently vacant) no later than 6pm on the Friday following the match.
- IMPORTANT when scanning or sending a photograph of the scorecard to the Results Secretary, all sides need to be sent (the whole A4 sheet)
- 4.2 Cancellations: Should a team cancel or fail to arrive for a scheduled match, they must notify the Fixtures Secretary, Lead Umpire, Results Secretary, their opponents, both umpires and scorers. Games will not be rearranged under any circumstance.
- 4.2.1 Games cannot be rescheduled by teams.
- 4.2.2 Penalty Failure to comply with the above will result in the offending team forfeiting points from the match in question. Also, 1 point will be deducted from the offending team if the game was not officially cancelled, with points being awarded to the opposing team. The game against whom the match was conceded can claim the court fees and umpires fees, if incurred, back from the conceding team within 7 days of the date of the match. This should be done by email to the Captain of the team, copying in the League Treasurer. The conceding team has 7 days from the date of the email to make payment.



- 4.3 Teams must offer their Umpire reasonable expenses, £10 for Trainee Umpires (who must be accompanied by a C Award or above Umpire) and £15 for IO, IOm (IO with Mentor), C Award and above. Teams are liable for expenses if they cancel a match and do not inform the umpire.
- 4.4 Disputes: Any dispute concerning a particular match must be brought to the attention of both Umpires and Captains at the venue, and then referred in writing to the Chairperson within 7 days thereafter. Decisions will be notified in writing as soon as possible. No action will be taken if this procedure is not adhered to.
- 4.5 All accidents and incidents must be reported to the Chair of FNL, The Three Hills and England Netball with the necessary accident forms completed and submitted in the event of a player making a personal injury claim.

5. UMPIRING

- 5.1 Every team must have a qualified or active trainee umpire within their team after their first season.
- 5.1.1 Penalty If by the end of the team's first season the team does not have an active trainee or qualified umpire registered to their team, 10 points will be deducted.
- 5.2 Umpires have the authority to shorten games at their discretion.
- 5.3 An Umpire has the authority to cancel or abandon games at the venue. (The Fixtures Secretary must be notified by teams of reasons for cancellation/abandonment on the score card within 7 days).
- 5.4 Umpires will check players' nails and will check players for any inappropriate kit/adornment prior to the player taking to the court.
- 5.5 The Umpire's decision is final.
- 5.6 Teams whose umpires fail to attend their umpiring fixtures, will be deducted 1 point.
- 5.7 Teams who do not provide a scorer on the nominated games will be deducted 1 point.
- 5.8 Umpires have the right to warn players/coaches/managers and spectators in the event of any poor sportsmanship and/or misconduct whilst playing/watching matches. Failure to respond adequately to umpires warning may result in further warnings, cautions and possible sending offs.
- 5.8.1 Game management. Umpires to use proactive advice first, get players attention, address them directly. If infringement continues free pass can be upgraded to a penalty pass. Next step is to advance the penalty up to half a third, including into goal circle. Next is a warning, letting the player know that if they continue then they will be suspended for a period of 2 minutes of PLAYING TIME. Position left vacant unless centre then a player needs to move to that position. Lastly and hopefully we won't need this, a player is ordered off and takes no further part in the game. Position is left vacant for 4 minutes of PLAYING TIME then another player can take up that position.
- PROACTIVE ADVISE, ADVANCE PENALTY, WARNING, SUSPENSION, ORDERING OFF.
- 5.9 Umpires must not umpire their own teams games unless agreed by the opposing team and should an umpire realise this at the start of a game, the Lead Umpire should be notified or a member of the committee to ensure umpires are moved around accordingly to avoid this.
- 5.10 If an umpire gets their game covered they must inform the lead umpire.

6. CANCELLATIONS AND ABANDONMENT

- 6.1 The Fixtures Secretary has the authority to cancel and rearrange fixtures in exceptional circumstances.
- 6.2 Cancellations or abandonment of matches by Umpires will be re-arranged by the Fixtures secretary. Teams will be given notice of any rearranged fixtures & all details will be available on the website.



- 6.3 Cancellations by teams: See Rule 4.2
- 6.4 In the event of inclement weather, teams must attend the venue, unless prior notification of cancellation is received from the Fixtures Secretary.
- 6.5 Should a team cancel more than 2 games against the same team, they will be asked to provide satisfactory evidence that every effort has been made to provide a team for the cancelled game, for example, communications with floaters and team members. If this cannot be provided or isn't considered sufficient, there will be 3 point deduction due to the cost and time implications of this.

7. FLOATERS

- 7.1 Floating can only play 3 times for the same team in any one competition, if they are registered at the beginning of the season. If floaters register after the mid-way point of the season which is Wednesday **19th November**, they can only play once for the same team. Floaters must then register on the 3rd occasion with that team, or remain a Floater, no longer playing for the aforementioned team during that competition.
- 7.2 Teams can add a floater to a team of 7 players to provide a spare player to a team in the event of a player returning to play from injury or a long absence.
- 7.3 Teams can only play 2 floaters during any one match. Refer to 2.7
- 7.4 Floaters must register themselves by emailing the Floaters Secretary providing all details. An affiliation number must be provided.
- 7.5 Any members of a disbanding team may play as a floater for the remaining of that competition providing that all fees due by the disbanding team have been paid (or that players part of) 7.6 Floaters details will be on the website
- 7.7 Teams playing any unaffiliated player will receive a penalty of a 5-point deduction.

8. PREGNANCY

8.1 Players may take part in netball after the 12th week of their pregnancy if they feel comfortable doing so. Umpires may officiate games beyond 12 weeks, providing they are capable of moving & keeping up with play to the standard expected.

9. DISCIPILINE

- 9.1 The FNL has the power to discipline any person who is a registered participant within the League and is considered guilty of conduct prejudicial to the interests of Netball. Such matters will be dealt with by a Quorum of Committee members, one of whom shall be the Secretary. All evidence submitted must be supported in writing within 7 days of the event. There shall be a right to appeal to the Executive Committee within seven days of notification of the decision. The outcome of any procedure will be brought to the notice of the County Committee after the initial decision. In the event of an appeal, advice will be sought from the County Committee before the appeal is heard.
- 9.2 Umpires The Committee may take whatever action is considered necessary, in the event of repeated complaints in writing on the performance of an umpire. The County Umpiring Secretary is to be made aware of circumstances prior to a decision being made.
- 9.3 FNL will follow



10. GENERAL

- 10.1 Points system: 5 for a win, 3 for a draw, 2 for a score within 5 points and 1 point for gaining more than 50% of their opponent's score. In the event of two teams being equal on points, goal difference will be taken into consideration (ie. Goals scored less goals against).
- 10.2 Scoring for Winter '25 League All super shot matches: The Super shot is a two-point shot. It can be scored by a goal shooter or a goal attack within a designated zone at the edge of the shooting circle. This is between the inner orange and outer white lines. Super shot points will apply for the full duration of the match. Umpires will signal with either 1 or 2 arms in the air and verbally state either 1 or 2 after the goal is scored to confirm its value. Scorers when recording the 2 point shot will skip 2 (see visual example) shared with captains. Both feet must be grounded within the supershot area, when taking the shot, in order for teams to get 2 goals.
- 10.3 All teams wishing to join FNL must have at least 2 team members or 2 representatives attending the AGM in the summer and the winter presentations. If representatives, they cannot be a member of another team within the league who is already there to represent their own team. Failure to do so will result in teams not being able to enter.

11. PAYMENT

11.1 Each team will be expected to pay their Court Fees on time as agreed with the Treasurer. The amounts and dates will be in the Captain's packs given out before the start of each Season.

12. AFFILIATION

- 12.1 All players need to be Affiliated to AENA
- 12.2 Players that are already affiliated to AENA need to supply their affiliation numbers to the Affiliation Secretary at the start of each Season.

13. UMPIRE RESPONSIBILITIES

- 13.1 Ultimately to ensure that each match is played in the spirit of the game and to ensure that league/AENA/INF rules/regulations are adhered to.
- 13.2 Umpires will follow Rule 13. Game Management of the INF **2024** rules when deemed necessary to set and maintain clear standards within a match and ensure consistency of sound play.
- 13.3 All umpires before the beginning of each game must check attire, fingernails, any adornments, court surface and equipment.
- 13.4 Hats may be worn but they should be tight fitting and not have ties or adornments that can get caught up or injure the player or other players.
- 13.5 Hoodies or scarves should not be worn as these can get caught.
- 13.6 Fingernails should be short and smooth. This rule also applies to false/acrylic nails. It is not acceptable to place plasters over long nails.
- 13.7 Umpires should check the score card to ensure it is complete before each game and should check the score with the other umpire after each quarter. They should check the score at the end, choose a star player and sign the card. Star players should be selected from the team's registered players, floaters.
- 13.8 Players are responsible for calling injury time. Injured players have 30 seconds to leave court during which time, both teams can make player changes before play continues. It is the umpire's

discretion to continue play without teams fully returning to court after 30 seconds. The player can return to the court after a break in play if the position is vacant. If the position is not vacant, team will need to indicate the want to make a tactical substitution after a goal is scored and before the centre pass is taken.

FNL Accounts

Balance sheet: 01/09/2024 - 31/08/2025

Balance B/Fwd			£5,082.78
Income		Expenditure	
Court/Entry Fees	£5,782.57	Court Fees & Room Hire	£5,757.50
Training Courses	£164.00	Cost of Umpiring/Training Courses	£535.40
Tournament Entry Fees	£450.00	Umpiring Fees	£100.00
Income from Sunday/Supershot		Website	£176.26
Sessions	£286.00	Touching	
		Trophies	
		Gifts	£35.00
		Tournament Costs	£100.00
		Equipment Purchase	£101.86
		Health & Safety	£485.28
End Balance			£4,474.05

Transfer Form

A player wishing to transfer between teams may only do so at the discretion of the Committee. They must complete a 'Transfer of player' form. This completed form must be returned to the Committee for confirmation and an effective transfer date.

A team in the lower division may only transfer one player from a higher division in any one season. No player may transfer after half way through the season or after the date the Committee has set without written application to the Committee for consideration..

wish to transfer from	e)
Signed	Date
Captain of releasing team. I conse	ent to the transfer of the above named player.
Signed	Date
Captain of receiving team. I wish t	to take up registration of the above named player.
Signed	Date
Committee Member. Your request	has / has not been granted.
You may commence playir	ng for your new team from
Signed	Date



Fees Commitment

Each team is required to pay court fees for the Winter season.

The fee for all teams will be £335.67

This includes the weekly fees for court hire and lights, presentation evening and trophies.

You are welcome to pay all in one payment at the beginning of the season or pay in 6 instalments as stated below:

Date Due	Amount
30 th September	£55.95
31st October	£55.95
30 th November	£55.95
31st December	£55.95
31st January	£55.95
28 th February	£55.95

PAYMENT CAN ONLY BE ACCEPTED BY BANK TRANSFER

Bank Account Details are:

Sorting Code: 52-41-42

Account Number: 48188905

Please ensure you quote your **TEAM NAME** in the reference.

If you concede a game, the opposing team may request a payment for their part of the court fees for the conceded game. In this event, the amount to be claimed is £20.25. Full details on how to claim can be found within the league rules



Winter 25/26 Fixtures

All fixtures are kept up to date on <u>folkestonenetballleague.com</u>, and you can also find them <u>here</u> If there are any changes made throughout the season, a new set of fixtures will be sent out to all captains.

Looking for a scorecard? You can download one here!

Floaters List

All floaters details can be found on the WhatsApp group. If you have any questions or need any assistance please speak with Ashlea Trinder.



Guidance for Engage

The below are guidance notes for creating an Engage Profile. If you have any questions regarding the below, please contact Sherine Dantes,

Affiliation/Membership Officer.

<u>Step 1</u>

To Create An Account....

https://engage.englandnetball.co.uk/EnglandNetball

- Create Account
- Complete personal details and click 'Next'
- Enter a password and tick relevant boxes on the Privacy Policy and Waivers
 Click 'Next'
- This will now display your 'dashboard'. At the top of the page your name and contact details will be displayed, along with an ENA ID. This is the ID you will use in future to log in, along with the password you have created.

An email will be sent to the email address provided for you to verify the account.

Step 2 (If Applicable)

To Add a Family Member (eg; child under 18)....

- On the dashboard, click 'Add a Family Member'.
- Complete all details and then 'Save'
- On the left hand side of your dashboard, you will see 'My Family' which will have yours and your daughter(s) names.

Step 3

Find a Club (in order to purchase membership)...

 On your dashboard, click 'Find a Club'. A separate 'Finder' box will pop up.
 Enter 'Folkestone Netball League', and 'search'.
 The name of the club will come up at the bottom of this box.
 Click to select. This will take you back to your dashboard, where you will see the name of the club displayed under 'My
 Organisations'

Step 4 (If Applicable)

Repeat Process for your Family Member



• Click on your family members' profile on the left hand side, and repeat the process to 'Find a Club'.

<u>Step 5</u>

Contact Folkestone Netball League to Verify Your Membership

- Click on yours or your family members profile box, and then in the Organisation box for Folkestone Netball League, click on the contact button.
- Complete the details and in the 'extended detail' box, write...'please send payment email'. Then, at the top right click 'send'

This will be picked up by the league and a payment email will be sent to you. Please bear with us, we will have a lot of correspondence to get through.

When the email is received, click the link to go to the payment portal. Complete the few details left, and enter card details to pay.

Guidance for Purchasing Membership

Guidance Notes for Purchasing Membership through FNL

If you have an Engage profile and have previously purchased membership through Folkestone Netball League:

- Log in to your Engage profile, and on your dashboard you will see the 'Organisations' section.
- Scroll down and you should find 'Kent Netball'
- Click the 'Buy Membership' box
- Click on the appropriate membership package
- Click on the basket on the top right
- Click checkout
- Complete all required sections (click save)

To purchase membership for a family member who has previously had membership through Folkestone Netball League:

- From your dashboard click on your family members profile box on the left.
- Under 'organisations', scroll down and you should find 'Kent netball'.
- Click the 'buy membership' box.
- Then click on the appropriate membership package (it should automatically offer you the correct package for your daughter's age)
- Click on basket on the top right
- Click checkout
- Complete all required sections (click save)



Privacy Statement

To complete the Privacy Statement form, please click <u>here</u>.

Incident/Accident Report Form

Name of person in charge of session/competition	
Site where incident/accident took place	
Date of incident/accident	
Name of injured person	
Address of injured person	
Nature of incident/accident & extent of injury	
Please give details of how and precisely where the incident/accident took place	
Describe what activity was taking place, eg training game, getting changed etc	
Give full details of the action taken including any first aid treatment and the name(s) of the first aider(s)	
What happened to the injured person following the incident/accident? (eg. they went home, went to hospital, carried on with the session etc)	

Were an	y of the following contacted?				
Police: Y	∕es ■ No ■				
Ambular	Ambulance: Yes No				
Parent/carer: Yes No No					
Emergency contact: Yes No					
All of the	above facts are a true and accurate record of the incident/accident.				
Signed					
Date					
Printed Name					
Team Name					

Safeguarding Policy

We consider the safety and wellbeing of young people as central to our values. As a league we accept our responsibility for providing guidance and support to all members to ensure that netball is enjoyable and safe. In our league, we do have players under the age of 18 so therefore are including this safeguarding policy into the pack.

This Policy is in line with England Netball's approach to fulfilling its commitment to creating and maintaining a safe and enjoyable environment for the young people who take part in the sport of netball. England Netball requires all members, connected participants and staff to abide by this Policy and all relating procedures and practice.

This policy applies to all players, coaches, volunteers, members, contacted participants and individuals involved in any role within Netball. This policy is expected to be followed by all; whether at an organised competition or as part of the training squad.

We believe that:

• Adults, Children and young people should never experience abuse of any kind. We have a responsibility to promote the welfare of all people, to keep them safe and to practice in a way that protects them.

We recognise that:

- The welfare of adults and children is paramount in all the work we do and in all the decisions we take.
- All adults and children, regardless of age, disability, gender reassignment, race, religion or belief, sex, or sexual orientation have an equal right to protection from all types of harm or abuse.
- Some children are additionally vulnerable because of the impact of previous experiences, their level of dependency, communication needs or other issues.

Working in partnership with children, young people, their parents, carers and other agencies is essential in promoting young people's welfare. We will seek to keep children and young people safe by:

Valuing, listening to and respecting them



- Appointing a nominated child protection lead for children and young people, a lead trustee/board member for safeguarding
- Adopting child protection and safeguarding best practice through our policies, procedures and code of conduct for staff and volunteers
- Providing effective management for staff and volunteers through supervision, support, training and quality assurance measures so that all staff and volunteers know about and follow our policies, procedures and behaviour codes confidently and competently
- Recruiting and selecting staff and volunteers safely, ensuring all necessary checks are made
- Recording, storing and using information professionally and securely, in line with data protection legislation and guidance
- Making sure that children, young people and their families know where to go for help if they have a concern
- Using our safeguarding and child protection procedures to share concerns and relevant information with agencies who need to know, and involving children, young people, parents, families and carers appropriately
- Using our procedures to manage any allegations against staff and volunteers appropriately
- Creating and maintaining an anti-bullying environment
- Ensuring that we have effective complaints and whistleblowing measures in place
- Ensuring that we provide a safe physical environment for our adults, children, young people, staff and volunteers, by applying health and safety measures in accordance with the law and regulatory guidance
- Building a safeguarding culture where staff and volunteers, adults, children, young people and their families, treat each other with respect and are comfortable about sharing concerns.



Code of Conduct

Our Codes of Conduct require the highest standards of conduct from everyone involved in netball to ensure that their behaviour and actions meet the values and standards expected at all times.

Everyone must conduct themselves in an honest, fair, impartial and transparent manner.

We ask that you respect:

- The rules, regulations and requirements of the Sport, including, but not limited to, any Competitions in which you participate either directly or indirectly
- The rights, dignity and worth of all people in netball, regardless of any protected characteristic (age, disability, gender reassignment, marriage, civil partnership, pregnancy and maternity, religion or belief, sex and sexual orientation)
- The game of netball and the individual's reputation and not take any action or make inappropriate comments, including on social media, about a fellow participant, coach, official, volunteer or member of club staff that will bring the Sport or those associated with delivering the Sport into disrepute

Netball is based on Teamwork, therefore I will:

- Not abuse or misuse any relationship of trust held by me in my team, be that my playing team, Club, County, Regional or England Netball
- Be on time, dressed appropriately and ready to give my full attention to the coaches and volunteers
- Recognise that individuals bring different qualities and attributes but 'together we will excel'
- Welcome new members, players, coaches, volunteers and connected participation and cooperate with all players, coaches and volunteers

I recognise individuals participate in Netball to achieve and have fun, therefore I will:

- Recognise the achievements of others and applaud their successes
- Help fellow players achieve their potential through encouragement and recognising their successes
- Never use inappropriate or abusive language, bully, harass, discriminate or use physical violence
- Never engage in discriminatory or anti-social behaviour
- Not impinge on others enjoyment of the Sport or my performance by consuming alcoholic drinks
- Display modesty in victory and graciousness in defeat; be sporting whether I win or lose; always acknowledge the other team and the umpires at the end of the game with a handshake and three cheers
- Never argue with an official or participant during a game and listen to and cooperate with officials' decisions
- Control my temper; I understand that verbal, emotional and physical abuse of
 officials, coaches, spectators or participants, or deliberately distracting or provoking a
 participant, coach or official is not acceptable or permitted behaviour in netball



• Enjoy the game and ensure that others can also enjoy it

I will endeavour to abide by this code of conduct and promote it to others.